

Video Library

The Cincinnati Insurance Companies offer a variety of materials to assist you in accomplishing your goals of an effective loss control program. These materials are designed to supplement your present loss control efforts.

If you wish to utilize our video lending library, please contact Keary Moss at (513) 870-2243 or by fax to (513) 870-2046.

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Video Library

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Yellow highlights indicate availability in DVD format

CONSTRUCTION

7	WALKING & WORKING SURFACES: WATCH YOUR STEP 19 min (DVD only) English & Spanish	Covers proper equipment and procedures when working on ramps, scaffolds, or platforms.
8	EXCAVATIONS, TRENCHING & SHORING 13.5 min (DVD & VHS)	Outlines safe work practices and regulatory requirements on hazard identification, pre-planning excavation and storing equipment at worksite
9	PERSONAL FALL PROTECTION: ONE STEP BEYOND 13 min (DVD only) English & Spanish	Teaches proper care of equipment as well as careful inspection techniques. Covers personal fall protection such as: lifelines, snaphooks, harnesses, as well as rescue procedures.
116	TRENCHING & SHORING: MEETING THE REQUIREMENTS 12min (VHS)	Explains safety rules, requirements, and emergency procedures.
48	MOBILE CRANES 15 min (DVD & VHS)	Demonstrates inspections and safety procedures, pre-operation setup, planning a lift, safe operations, site considerations & crane load chart
126	CRANE SAFETY: OVERHEAD OPERATIONS 18.3 min (DVD only) English & Spanish w/Subtitles	Industry Setting covering Common terminology, Pre operation safety inspection, Basic operation techniques, Safe work practices & procedures
67	WORK ZONE SAFETY 18 min (VHS)	Discusses work zone hazards, applicable regulations and standards, traffic control, equipment inspection and maintenance, channeling devices, flaggers, personal protective equipment, warning signs and more.
70	FORKLIFT SAFETY FOR CONSTRUCTION 22 min (DVD & VHS)	Demonstrates safe forklift maneuvers and proper maintenance. Includes a wide variety of forklift topics, including: steering, stability, refueling, surface conditions, pedestrian traffic and vehicle inspection.
71	SCAFFOLDING-CONSTRUCTION SAFETY SERIES 17 min (VHS)	Provides an overview of OSHA's scaffolding standard and explains how to recognize and avoid scaffold related hazards. Topics include fall protection, safety awareness, performing visual inspections, and protection from falling objects.
73	CONSTRUCTION SAFETY ORIENTATION FOR EMPLOYEES 25 min (DVD & VHS)	Helps you provide new construction employees with an introduction of OSHA along with an overview of key construction safety topics like hand and power tools, PPE, emergency response, housekeeping, hazard communication,

		slips, trips & falls, fire protection, and electrical safety.
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WALKING/WORKING SURFACES

72	WHAT YOU NEED TO KNOW ABOUT STAIRWAYS AND LADDERS 7 min (VHS)	Reminds workers of correct usage of ladders and stairways, ways to minimize the hazards, and inspection methods. Discusses fixed and portable ladders, what ladders are made of, and the correct design for stairways.
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ERGONOMICS

10	CARPAL TUNNEL 6.5 min (DVD & VHS)	Outlines stresses that may cause repetitive motion disorders, anatomy of carpal tunnel, corrective measures, redesigning jobs to fit employees and educating employees why carpal tunnel is a serious injury
11	OFFICE ERGONOMIC PRINCIPLES 15 min (DVD only)	Discusses the importance of adjusting the workstation to meet your needs when it causes discomfort and tips on how to make those adjustments.
12	BACK INJURY PREVENTION: YOU'RE IN CONTROL 14.4 min (DVD only) English & Spanish w/Subtitles	Outlines solutions to reduce back injuries: how the back works, causes of pain, fitting the job to the worker, countermeasures to prevent back injuries, planning to lift and proper lifting techniques
99	BACK SAFETY: EXERCISE & ERGONOMICS 14 min (DVD & VHS)	Important information concerning exercises and ergonomics that can reduce back injuries.
55	NURSING HOMES- PROTECTING YOUR BACK 19 min (VHS)	Outlines back safety in the Nursing Home environment

DRIVING SAFETY

17	DRIVER ATTITUDE 6 min (DVD & VHS)	Discusses attitude toward: awareness of driving environment, communication & patience, dangers of alcohol & other drugs, portraying image of company and seat belt use
50	WINTER DRIVING 12 min (DVD & VHS)	Outlines unsafe driving conditions and discusses modifications for weather, importance of inspection, skills & techniques, positive company image
51	PARKING LOTS 19 min (VHS)	Outlines snowplow safety issues for parking lots: pre-season site preparation, inspection of equipment, clearing entrances & exits, operating other snow removal equipment and where to place plowed snow
87	DRIVING SAFELY IN WINTER CONDITIONS 26 min (DVD & VHS)	Addresses the many common hazards, and how to avoid them when driving in bad winter climates.
56	DISTRACTED DRIVING 18 min (VHS)	Discusses some of the common distractions (cell phones, aggressive driver and traveling) and learn ways to reduce the risk of being distracted on the road
57	TRUCKS, VANS AND OTHER DELIVERY VEHICLES 17 min (DVD & VHS)	Discusses the following basic safety techniques: backing up, turning, braking/stopping and poor weather conditions
59	ROLLOVER 15 PASSENGER VANS 11 min. (DVD & VHS)	Discusses the vans being at higher risk of rollover. Shows real footage of accidents that have occurred
62	DRIVING DISTRACTIONS OF THE PROFESSIONAL DRIVER 15 min (DVD & VHS)	Discusses different driving distractions including: Outdoor Signage, Pedestrians, Leaning & Reaching, Cell Phones, Weather, Eating & Drinking, Technology, Interior & Exterior Distractions
65	FLATBED CARGO SECUREMENT 15 min (DVD & VHS)	Covers securement requirements for flatbeds: lowboys and other specialized exposed load trailers. It addresses the new commodity-specific standards and covers the concepts of minimum performance criteria and aggregate working load limits.
100	DEFENSIVE DRIVING: I COULD SEE IT COMING 15 min (DVD & VHS)	Covers the factors that cause accidents then provides 7 strategies for driving defensively: Getting Ready, Staying Focused, Being Aware, Looking Ahead, Backing Off, Expecting Mistakes and Being Noticed.

101	DEFENSIVE DRIVING: A SUPERVISOR'S GUIDE 13 min (DVD & VHS)	Helps improve supervisors' effectiveness in monitoring employees driving. Supervisors will learn skills for observing driving behaviors and correcting unsafe driving practices.
102	CRASH COURSE: REPORTING VEHICLE INCIDENTS 16 min (DVD & VHS)	Designed to provide drivers with an overview of the correct procedures to follow in the event of a collision. Learn what type of information they need to gather from the accident scene in order to document the accident and conduct a successful investigation.
106	BACKING, PARKING AND INTERSECTIONS (DVD and VHS) 17 min	A focus is placed on three of the most dangerous situations concerning driving for any type of driver. Excellent advice is provided to reduce the risk involved with all three topics
109	DIANA'S LAST MESSAGE 10 min (VHS)	A recreation of Princess Diana's fatal crash, designed to reinforce the value of utilizing safety belts and air bags to reduce the risk of serious injury or fatality.
110	BUCKET TRUCKS 16 min (DVD & VHS)	Discusses routine inspections, vehicle recertification, PPE, traffic control, hazard awareness, fall protection and overhead power lines.
121	BUS EVACUATION FOR SPECIAL ED BUS DRIVERS 20 min (DVD & VHS)	Key points include: Techniques and skills for evacuating ambulatory and non-ambulatory students; Circumstances for evacuation; Knowing your passengers' disabilities; Order of evacuation.
122	HOW TO SAFELY EVACUATE A SCHOOL BUS 20 min (DVD & VHS)	Useful methods demonstrate best evacuation practices; includes re-enactments and drills for all door types.
123	WINTER DRIVING (SCHOOL BUS) 18 min (DVD & VHS)	Demonstrates winter additions to pre-trip inspection, needed extra supplies, defensive driving, techniques for driving on ice, etc.
124	A DUI STORY...WHAT IF? 27 min (DVD only)	Based on true testimonies about how a DUI accident can change the lives of friends, family and co-workers. Listen to the powerful interviews of all those affected by the DUI accident.
129	DRIVEN TO DISTRACTION 16 min (DVD & VHS)	Discusses all the distractions that can occur while driving and the impact of letting the distractions take your mind off the road

FORKLIFT SAFETY

19	FORKLIFT: SAFE DRIVING 6 min (DVD & VHS)	Teaches proper driving techniques: for wet, uneven and inclined surfaces, picking up a load driving and setting it down, how to prevent driving hazards, pedestrian traffic and potential hazardous areas and what to do when approaching a corner
20	FORKLIFT: PRE OPERATION INSPECTION 6 min (DVD & VHS)	Outlines inspection procedures for the operator: pre-operation inspection checklist, proper maintenance and fundamental features of the forklift
21	FORKLIFT: PEDESTRIANS 6 min (DVD & VHS)	Demonstrates safe procedures for the operator and pedestrians, demonstrates how serious accidents can be prevented with good housekeeping and established traffic patterns
22	FORKLIFT: LOAD CAPACITY 5.5 min (DVD & VHS)	Outlines load balance, weight capacity and the significance of the three-point suspension system and the effect of the stability triangle
23	FORKLIFT: WALK BEHINDS 6 min (DVD & VHS)	Outlines procedures for hand trucks: pre-operation inspection, understanding load capacity and interacting with the work environment
60	FORKLIFT OPERATION 18 min (DVD & VHS)	Discusses engineering principles of equipment, autos vs. forklifts, fulcrum principles, attachments, load centers, technical terminology, seatbelts and turnovers
63	LOADING DOCK AND WAREHOUSE SAFETY (DVD & VHS)	Discusses the common causes of loading dock injuries and cargo damage, and shows how to spot and prevent typical

	15 min	hazards that cause incidents.
64	MATERIAL HANDLING EQUIPMENT SAFETY 15 min (DVD & VHS)	Discusses some of the most commonly used material handling equipment and shows how to spot and safely react to hazards typical to that piece of equipment. Covers: Pallet jacks, high-lift stackers, hand trucks, powered conveyors, dock levelers and dock plates
80	FORKLIFT SAFETY 11 min (DVD & VHS)	Provides employees with the equipment specific training needed to comply with OSHA
81	REACH TRUCK SAFETY 8 min (DVD & VHS)	Shows safe usage of reach trucks. Explains rated capacity, picking and placing loads, and clear racking
83	ORDER PICKER SAFETY 9 min (DVD & VHS)	Explains to operators how to safely utilize order pickers and use fall protection
84	POWERED PALLET JACK SAFETY 8 min (DVD & VHS)	Illustrates the unique operation of a powered pallet jack, including maneuvering
105	SAFE OPERATION OF UTILITY CARTS 11 min (DVD & VHS)	Provides excellent training relating to the many hazards associated with the use of utility carts.

PERSONAL PROTECTIVE EQUIPMENT

24	PERSONAL PROTECTIVE EQUIPMENT 5 min. short version / 10 min. long version (DVD & VHS)	Demonstrates proper use of hard hats, respirators gloves and more
25	EYE SAFETY 5 min (DVD & VHS)	Looks at common eye injuries and explains how to select proper eye protection
108	THE HORROR OF LOSING AN EYE 13 min (DVD & VHS)	This video shows a graphic display of eye diseases, eye injuries and eye traumas and discusses eye injury prevention & emergency treatment.
26	HAND SAFETY 5.5 min (DVD & VHS)	Educates safety procedures for proper selection and use of hand tools, working with and around equipment and machinery, blade and knife safety, pinch points, how hand injuries occur and first-aid procedures
27	HEARING PROTECTION 5 min (DVD & VHS)	Discusses the effects of noise and types of hearing protection and reviews how the ear works, prevention measures and demonstrates use of hearing protection devices
95	POWER TOOL SAFETY 15 min (DVD & VHS)	Illustrates the hazards associated with many of the common power tools found on the jobsite.
47	AIRBORNE HAZARDS 6.5 min (DVD & VHS)	Describes contaminants & how they affect the respiratory system. Explains how the respiratory system functions, nature of airborne hazards, and the proper selection of respiratory equipment for specific jobs
113	PERSONAL PROTECTIVE EQUIPMENT: AWARENESS AND ATTITUDE 10 min (DVD & VHS)	This video discusses how personal protective equipment and an employee's attitude need to work together for the personal protective equipment to work. Also, addresses hard hats, gloves, eye protection, hearing protection, and other aspects of protective equipment.
128	SILICA SAFETY AWARENESS 14 min (DVD only) English & Spanish w/Subtitles	Covers the hazards associated with crystalline silica and teaches the appropriate measures to reduce the risk of inhaling silica particles.

ELECTRICAL

29	INDUSTRY: ELECTRICAL HAZARDS 6 min (DVD & VHS)	Explains common electrical hazards, inspection of equipment and proper personal protective equipment
30	LOCKOUT/TAGOUT 18 min (DVD & VHS) English & Spanish w/Subtitles	Outlines the OSHA standard and the serious injuries resulting from electrical hazards, steps to shut down and re-energize, steps for isolating energy and gives an overview of lockout/tagout procedures
31	ELECTRICAL: SAFETY RELATED WORK PRACTICES 4.5 min	Covers working on or around energized equipment: respecting and understanding of electrical equipment, hazards involved, maintaining proper work distances,

	(DVD & VHS)	inspecting electrical equipment, proper tools & equipment, electrical fire prevention and proper personal protective equipment
96	TEMPORARY ELECTRICITY SAFETY 18 min (DVD & VHS)	Trains employees how to work safely around temporary electric on the jobsite.

WELDING & CUTTING

33	HOT WORK PERMITS 11 min (DVD only)	Discusses hot work permits and explains: when the permit should be used, how a hot work permit is issued and responsibilities involved
41	PRESSURIZED GAS CYLINDERS 6.5 min (DVD & VHS)	Discusses handling and storage procedures for pressurized gas cylinders

FIRE SAFETY

40	FLAMMABLE LIQUIDS 6 min (DVD & VHS)	Discusses different flammables and reviews: characteristics of flammable liquids, how they are classified and proper procedures for handling & storing
42	FIRE PREVENTION SAFETY 14.5 min (DVD & VHS)	Identifies leading causes of fires & steps for prevention and explains: operation of fire extinguishers, evacuation, appropriate handling & storage of flammable materials and inspection of electrical equipment
43	FIRE EXTINGUISHERS 6 min (DVD & VHS)	Demonstrates proper use, limitations, different types and placement

ADMINISTRATIVE PROGRAM ISSUES

32	JOB SAFETY ANALYSIS 15 min (DVD & VHS)	Outlines how to identify, prioritize and reduce potential hazards before they occur.
93	JOB SAFETY ANALYSIS: STEP BY STEP 15 min (DVD & VHS)	A real life incident, a death of an employee, to teach the importance of Job Safety Analysis.
94	JOBSITE SAFETY INSPECTION 13 min (DVD & VHS)	A guide to the components of conducting a thorough and effective inspection.
112	SAFETY GUIDELINES FOR EVERY EMPLOYEE 14 min (DVD)	Excellent introduction to bloodborne pathogens, hazard communication, PPE, and good housekeeping.
35	HAZARD COMMUNICATION: INFORMED FOR SAFETY 15.02 min (DVD only) English & Spanish w/Subtitles	Outlines written program, MSDS, labeling & training and discusses OSHA Hazard Communication Standard
36	BLOODBORNE PATHOGENS 5.5 min (DVD & VHS)	Outlines exposure control methods, procedures, modes of transmission & proper protective measures
111	WSI: BLOODBORNE PATHOGENS 17 min (DVD)	A team of investigators trace a positive virus back to an accident in the workplace. Learn what went wrong and how to prevent it from happening in your workplace.
37	OSHA RECORDKEEPING 6.5 min (DVD & VHS)	Explains the mechanics of OSHA Recordkeeping Log and defines the term recordable
92	OSHA'S INSPECTION & CITATION PROCESS 14 min (DVD & VHS)	Provides employers with vital information concerning their rights and responsibilities.
39	INCIDENT INVESTIGATION 16 min (DVD & VHS)	Trains employees on how to conduct accident or incident investigations and procedures on fact-finding, techniques of data-gathering, analyzing details and importance of documentation
114	ACCIDENTS AREN'T JUST ONE OF THOSE THINGS 20 min (DVD & VHS)	As a best selling author & popular safety speaker, Martin Lesperance shares his stories from his 20 years of experience as a firefighter & paramedic in a powerful presentation before a live audience. He addresses many important safety issues that all employees need to hear: What "ripple effects" result from an injury, why we must think of the repercussions of our actions, why wearing personal protective equipment is so important, & why a dangerous situation should be fixed immediately.

115	ACCIDENT INVESTIGATION FOR EVERYONE 22 min (DVD & VHS)	This video will help everyone involved in an investigation-management, employees and investigators—understand their roles in the process. Viewers will also learn how to make the right changes that can prevent injuries and improve workplace safety.
44	HOUSEKEEPING 6 min (DVD & VHS)	Discussion of the benefits of good housekeeping practices, eliminating unnecessary injuries, increasing morale and measures for preventing accidents, particularly slips and falls
82	HOTEL SAFETY & SECURITY TRAINING 10 min (DVD & VHS)	Explains how staff can play an important part in creating a safe and secure environment for guests
89	EMERGENCY PREPAREDNESS: A SUPERVISOR'S ROLE 30 min (DVD & VHS)	All the basics a supervisor needs to know in preparing their employees and facility for an emergency.
90	EMERGENCY PREPAREDNESS: AN EMPLOYEE'S RESPONSIBILITY 25 min (DVD & VHS)	All the basics an employee needs to know in being prepared for an emergency.
91	SLIPS & FALLS 6.5 min (DVD & VHS)	Discusses: Common Causes – including ladders & stairs Preventative Measures – including wetness & lighting Fall Techniques – distributing weight to prevent single impact location
97	STEALING FROM THIEVES: EQUIPMENT THEFT PREVENTION 20 min. (DVD & VHS)	This video discusses how thieves work, tips on how to prevent theft and implementing a prevention program.
98	HEADACHES FOR VANDALS: JOB SITE VANDALISM & TOOL THEFT PREVENTION (DVD & VHS) 11 min	This video covers small tool theft, damage prevention and reducing liability and costs.
104	RESTAURANT SAFETY & ORIENTATION TRAINING 13 min (DVD & VHS)	Training for new & experienced employees. Covers exposure to “general hazards”, including basic safety, machinery, electrical safety, back injury, slips and falls, cuts, burns, and safety responsibility
52	EMPLOYMENT TERMINATION 15 min (VHS)	Discusses employee termination guidelines, placing employees on probation and immediate dismissal procedures.
53	SEXUAL HARASSMENT: A COMMONSENSE APPROACH - EMPLOYEE 25 min (DVD)	Discusses sexual harassment issues in the workplace and defines specific types of sexual harassment.
54	SEXUAL HARASSMENT: A COMMONSENSE APPROACH – MANAGER 32 min (DVD)	Outlines what managers and supervisors need to know and explains different types of harassment in the workplace, the legal requirements and applicable standards.
66	DANCING ALONE 11 min (VHS)	A tragic true story of Joe Gutkowski, who was killed on the job. The story is told by Joe's family and friends portraying the pain and suffering that must be dealt with when a loved one is accidentally killed in the field.
68	SAFETY AWARENESS: REAL ACCIDENTS, REAL STORIES (2-part set) 32 min total (DVD & VHS)	High impact, graphic production has injured workers tell their story on how they became complacent and got hurt.
69	NEW EMPLOYEE SAFETY AND ORIENTATION TRAINING 14 min (DVD & VHS)	Covers required OSHA introductions to Bloodborne Pathogens, Hazard Communication, PPE and Good Housekeeping.
49	TRAIN THE TRAINER 5.5 min (DVD & VHS)	Assist the user by conducting effective training, meeting preparation, capturing audience's attention, measuring effectiveness and leading discussions
61	EVACUATION OF HEALTH CARE FACILITIES (DVD & VHS) 15 min	Discusses the importance of the staff to know how to report, where to report and what steps to take to evacuate patients without hampering patient care in the event of a fire
74	REASONABLE SUSPICION TESTING: TRAINING FOR SUPERVISORS	This video will give your supervisors the confidence they need to tackle a wide range of difficult situations – such as

	20 min (DVD & VHS)	handling uncooperative drivers – that they're likely to encounter.
85	ACHIEVING A DRUG-FREE WORKPLACE (2-part set) 33 min total (DVD & VHS)	Designed for supervisors; their views and responsibility in identifying, creating & enforcing a drug-free workplace
75	SITE SECURITY 13 min (DVD & VHS)	This program discusses: <ul style="list-style-type: none"> • What are possible targets for attackers • Procedures used to improve security at this site • Your role in keeping the workplace secure
107	SAFE SANCTUARIES FOR CHILDREN AND YOUTH 90 min (DVD only)	This informative DVD helps Christian clergy and laity assess risk and implement processes to reduce the likelihood of abuse in their congregations.
118	I CHOSE TO LOOK THE OTHER WAY 12min (VHS & DVD)	The story of an employee who did not speak up when witnessing an unsafe act that resulted in a worker's death. Based on Don Merrell's poem, this video shows how speaking up can save lives.
119	SAFETY'S MOST WANTED 16min (DVD only)	Shows how uncorrected hazards, shortcuts and complacency contribute to injuries and fatalities in the workplace and at home. Includes undercover interviews, victim statements, and reenactments.
120	EFFECTIVE SAFETY COMMITTEES 17:30min (DVD & VHS)	Part 1 discusses what a safety committee is, its purpose, objectives and responsibilities & authority. Part 2 discusses the safety improvement process from identifying the hazard to the plan of action.
125	FIRST AID: PREPARED TO HELP 18 min (DVD & VHS)	Teaches first aid tips and proper procedures for emergency response.

LANDSCAPING

76	PRO'S GUIDE TO LAWN MOWER SAFETY 25 min (DVD & VHS)	Introduces your workers to commercial mowers. It covers walk behind, push, flail and ride-on mowers. Locations include parks, schools, cemeteries and athletic fields.
77	BACK SAFETY FOR LANDSCAPE AND CUSTODIAL WORKERS 20 min (DVD & VHS)	Discusses the basic steps that workers must carry out in order to avoid back injuries. Body Basics: lifting below the waist, lifting above the shoulders and lifting and turning.
78	LANDSCAPE POWER TOOLS 20 min (DVD & VHS)	Discusses three of the most widely used power landscape tools – Chain Saw, String Trimmer and Power Blower.
79	RIDING MOWER SAFETY 20 min (DVD & VHS)	Professional mower operators demonstrate the latest techniques in accident prevention. Includes cutting techniques on hills, the role of preventive maintenance, the importance of PPE and failure to follow safe procedures, re-enactment's
88	LANDSCAPING EQUIPMENT: SAFETY AND MAINTENANCE 15 min (DVD & VHS)	Proper procedures when working with chemicals and hazardous materials. Also covers operating mowers, cutters, trimmers and weed eaters.
103	TREE TRIMMING SAFETY 18 min (DVD & VHS)	Demonstrates the safety and maintenance methods necessary for working with chain saws, chippers, high lift trucks, and general tree trimming

MISCELLANEOUS

28	HEAT STRESS 6.5 min (DVD & VHS)	Outlines ways to identify health hazards and their symptoms, how heat affects the body, health hazards caused by heat stress, preventive measures, heat sources and symptoms of heat stroke
127	WORKING SAFELY IN COLD WEATHER 15 min (DVD only)	
34	CONFINED SPACE HAZARDS 5 min (DVD & VHS)	Defines what a confined space is and the associated hazards and teaches workers to respect potential hazards
86	CONFINED SPACE ENTRY 17min (DVD & VHS)	How to evaluate confined space hazards, create a permit system, safe entry procedures, opting for the right equipment, etc.

117	<p>CONFINED SPACE: RISK & RESPONSIBILITIES 12min (VHS)</p>	<p>Provides information on testing, ventilation, & rescue procedures that is needed to cover risk and safety responsibilities.</p>
38	<p>SPILL CONTAINMENT 6.5 min (DVD & VHS)</p>	<p>Demonstrates proper clean-up, decontamination procedures & discusses proper storage of hazardous materials and preventive measures</p>
45	<p>GRINDING 6.5 min (DVD & VHS)</p>	<p>Teaches safety procedures for grinding operations and explains pre-operation setup, proper handling & selection of wheels, safe work practices and proper personal protective equipment</p>
46	<p>MACHINE GUARDING 6 min (DVD & VHS)</p>	<p>Outlines different types of guards , areas where machine guarding is needed, guarding methods, and the importance of the guards in lockout procedures</p>
58	<p>POWER PRESS SAFETY 11 min (DVD & VHS)</p>	<p>Discusses operations, potential hazards and best safety practices</p>

SPANISH VIDEOS

<u>Video #</u>	<u>Title</u>	<u>Description</u>
SP-1	LIFTING 18 min (DVD & VHS) Also see English/Spanish #12	Demonstrates proper back protecting techniques for lifting and moving objects and explains how to stretch. It also includes injury preventing tips such as taking breaks on long carries & reminds employees to use proper lifting techniques at home.
SP-2	HEARING SAFETY 5 min (DVD & VHS)	Discusses the effects of noise and types of hearing protection and reviews how the ear works, preventative measures & demonstrates the use of hearing protection devices.
SP-3	HAND SAFETY 5.5 min (DVD & VHS)	Educates employees on these hand safety procedures including proper selection and use of hand tools, working with and around equipment and machinery, blade and knife safety, pinch points, how hand injuries occur and first-aid procedures
SP-4	PERSONAL PROTECTIVE EQUIPMENT 18 min (DVD & VHS)	Includes lively, real-life interviews that feature employees using PPE correctly and emphasizing why it's important.
SP-5	HEAT STRESS 6.5 min (DVD & VHS)	Outlines ways to identify health hazards and their symptoms. This video explains how heat affects the body, health hazards caused by heat stress, preventive measures, heat sources and symptoms of heat stroke.
SP-6	SLIPS, TRIPS & FALLS 6.5 min (DVD & VHS)	Explains how to reduce slips, trips and falls.
SP-7	BLOODBORNE PATHOGENS 20 min (DVD & VHS)	Provides an overview of the hazards and controls for workers exposure to bloodborne pathogens. Specifically, the video covers definition of key terms such as AIDS, contaminated sharps and occupational exposure, engineering controls and work practices, housekeeping techniques and Hepatitis B.
SP-8	FIRE EXTINGUISHERS 6 min (DVD & VHS)	Demonstrates the proper use of fire extinguishers as well as their limitations, different types and placement.
SP-9	HAZARD COMMUNICATION 18 min (DVD & VHS) Also see English/Spanish #35	Focuses on the five major components of hazard communications and OSHA requirements:1) Hazardous Chemical Inventory 2) MSDS 3) Labels & Labeling 4) Employee Information & Training 5) Written Program.
SP-10	LOCKOUT/TAGOUT 15 min	Provides an overview of OSHA's lockout/tagout requirements and demonstrates proper procedures.
SP-11	CONFINED SPACE 18 min	Identifies confined space hazards, provides key definitions, outlines testing requirements, discusses written certification and reviews training needs.
SP-12	FORKLIFT: OPERATION 6 min (DVD & VHS)	Outlines inspection procedures for the forklift operator such as pre-operation inspection checklist, proper maintenance procedures and fundamental features of the forklift.
SP-13	FORKLIFT: SAFE DRIVING 6 min (DVD & VHS)	Teaches proper driving techniques including techniques and skills for driving on wet, uneven and inclined surfaces: proper procedures for picking up a load, driving with a load and setting a load; the importance of driving safely; how to prevent driving hazards; pedestrian traffic; and potential hazardous areas and what to do when approaching a corner.
SP-14	FORKLIFT: BATTERY CHANGING 8 min (DVD & VHS)	Covers the proper techniques for changing batteries and safe fueling.
SP-15	WORKPLACE SAFETY ORIENTATION 25 min (DVD & VHS)	Covers the required OSHA introductions to bloodborne pathogens, hazard communication, PPE and good housekeeping.
SP-16	FALL PROTECTION IN CONSTRUCTION 20 min	Discusses fall protection in the construction industry.

SP-17	WORK ZONE SAFETY 18 min	Discusses work zone hazards, applicable regulations and standards, traffic control, equipment inspection and maintenance, channeling devices, flaggers, personal protective equipment and warning signs.
SP-18	VAN & TRUCK DRIVING 23 min	Teaches drivers the fundamental pro-driving procedures. These are habits that anyone who drives for a living should adopt, such as making a pre-trip inspection before every trip, wearing seat belts, checking mirrors, driving defensively, planning the trip, checking load regularly, proper backing and how to deal with emergency stops.
SP-19	DEFENSIVE DRIVING: A CRASH COURSE 16 min	Discusses the following: plan prepare: a defensive attitude; driven to distractions; practical driving procedures; on the freeway; in rural areas
SP-20	SAFE PRACTICES FOR PESTICIDE APPLICATORS 20 min	Demonstrates to entry level workers and seasoned pro's the most important aspects of protecting yourself when applying pesticides.
SP-21	CHAIN SAW SAFETY 21 min	Discusses how to avoid kickback and the proper use of the safety tip, the importance of the buddy system, safe techniques for climbing, bucking & pruning, personal safety equipment and demonstrations of chaps, goggles, ear plugs & hard hats.
SP-22	SEXUAL HARASSMENT: SERIOUS BUSINESS 25 min	Educates your staff on the broad definition of unwelcome sexual conduct and the problems caused by this inappropriate behavior.
SP-23	OFFICE ERGONOMICS 16 min (DVD)	Addresses ergonomic hazards common in the office: carpal tunnel, tennis elbow, trigger finger, what are CTD's and their causes, preventive measures
SP-24	WINTER DRIVING 7:43 min (DVD)	